

# Supporting Social and Community Integration



**MODERNISING MENTAL HEALTH  
CHALLENGES AND OPPORTUNITIES**

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# Building on Strengths



**Challenges for Society**

**Challenges for Systems**

**Challenges for Professions**

**Challenges for Practitioners**

# Opportunities



**From “Patients” to “People” – full and equal citizenship**

**From Problem Focused to Solution Focused Services**

**From Pessimism to Confidence**

# Psycho Rescue Project and Modernising Mental Health



- **An exploration of common challenges – across states, systems, professions and practices**
- **Benchmarking – learning from best practice**
- **Towards a shared understanding**
- **Respect for Difference**