

Centrum pro rozvoj péče o duševní zdraví



LEONARDO DA VINCI Programme II PHASE 2000-2006

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Centre for Mental Health Care Development

Centrum pro rozvoj péče o duševní zdraví

**PSYCHO
RES.C.U.E.
the Czech Republic**

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Mental Health Care

Traditional Model

- In-patient Care
 - Psychiatric hospitals
 - Psychiatric wards in general hospitals
 - Pensioners' houses with psychiatric care
- Out-patient Care
 - Psychiatrists
 - Psychologists
 - Social workers, psychiatric nurses
 - day treatment programmes
- No Community Care

Mental Health Care

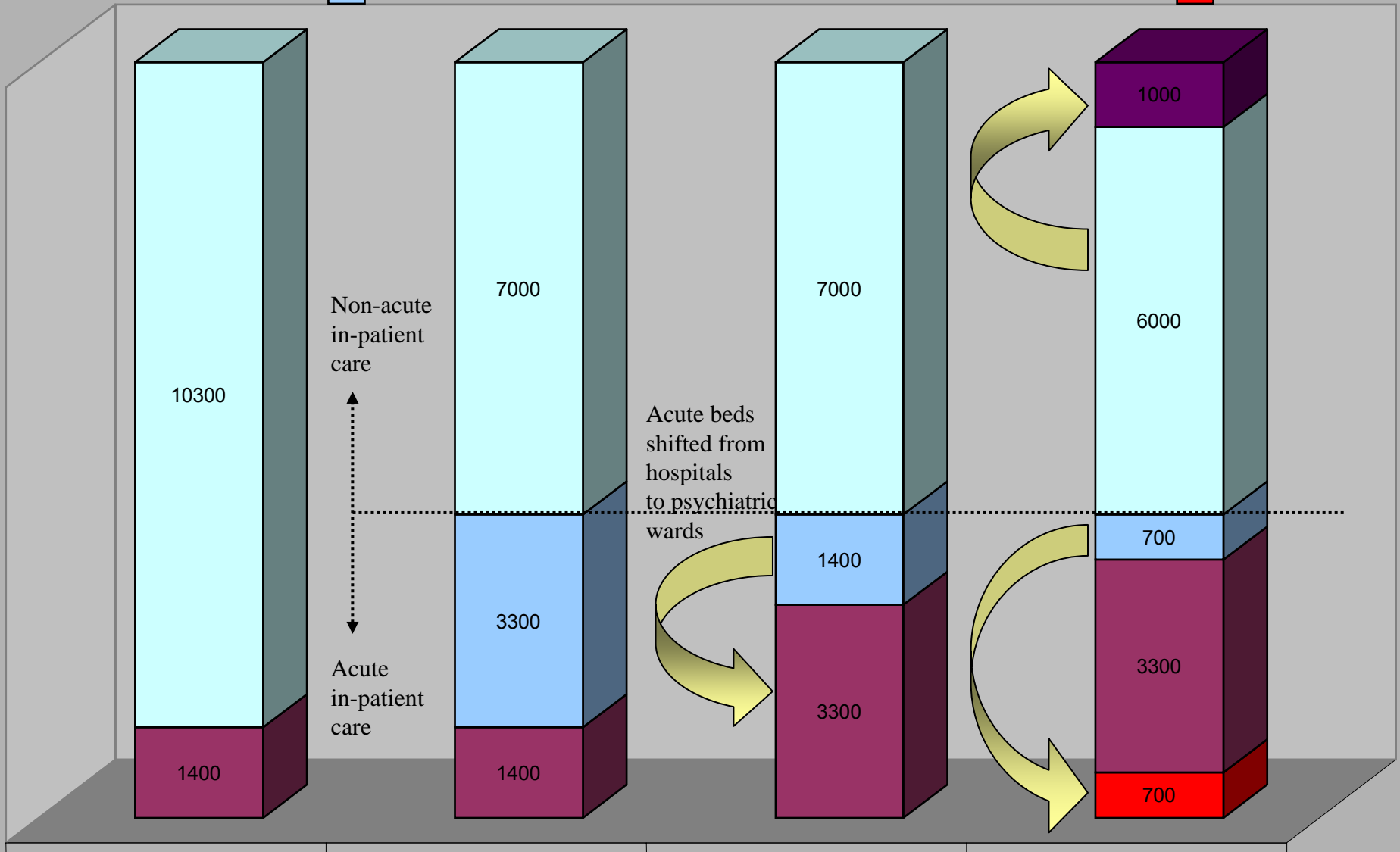
Transformation - not deinstitutionalization

- 1989 - Political changes („velvet revolution“)
- 1993 - Health care system reformed (Health Insurance)
- 1993 - Privatization of health care
- **Since 1990 - Community mental health services established by NGOs**
- **Users movement**

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Psychiatric hospitals Non-acute beds (light blue) Acute beds (dark blue) **Psychiatric wards in general hospitals** (purple) **Supported housing** (dark purple) **Crisis intervention** (red)

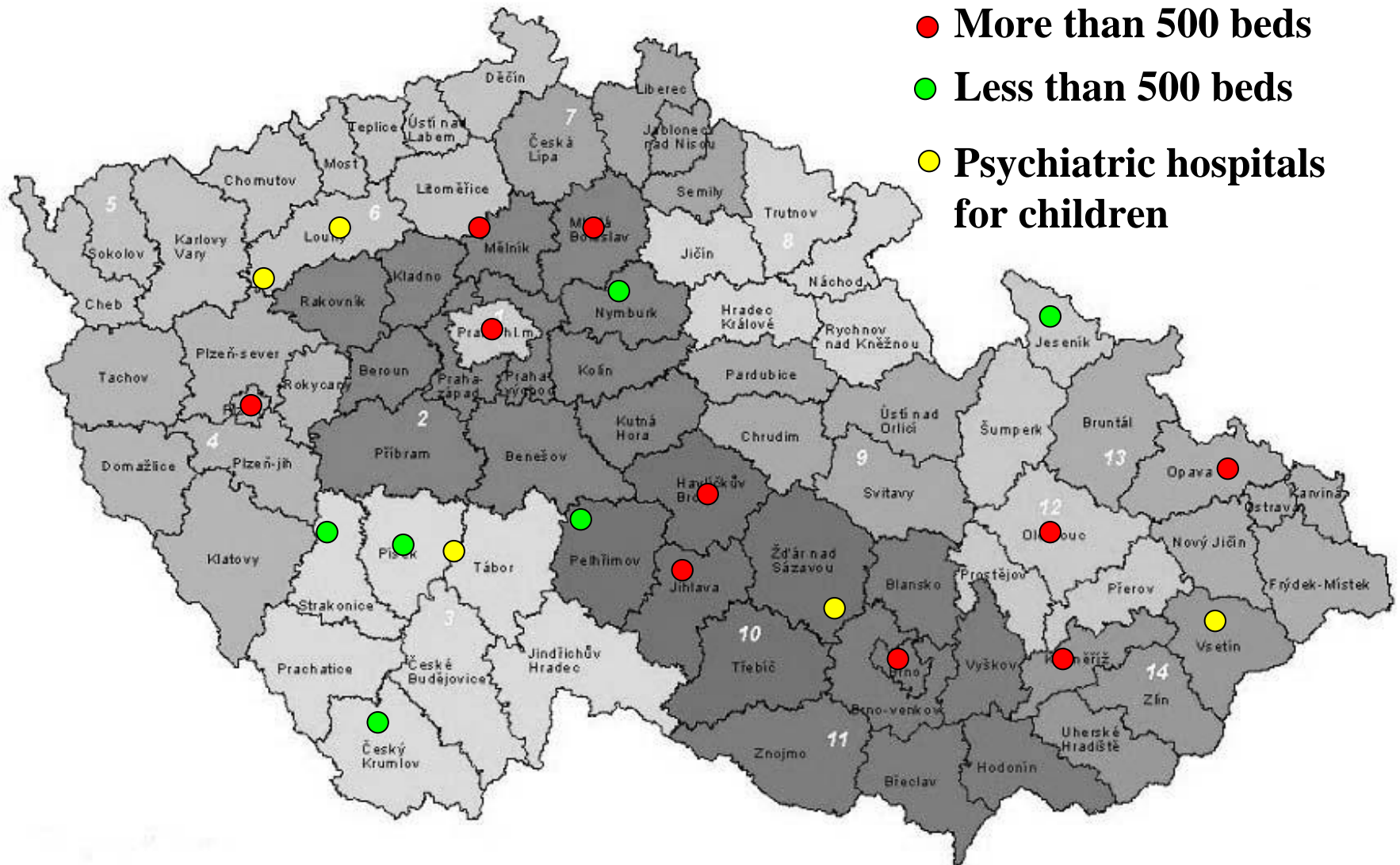


Plan of psychiatric in-patient care transformation

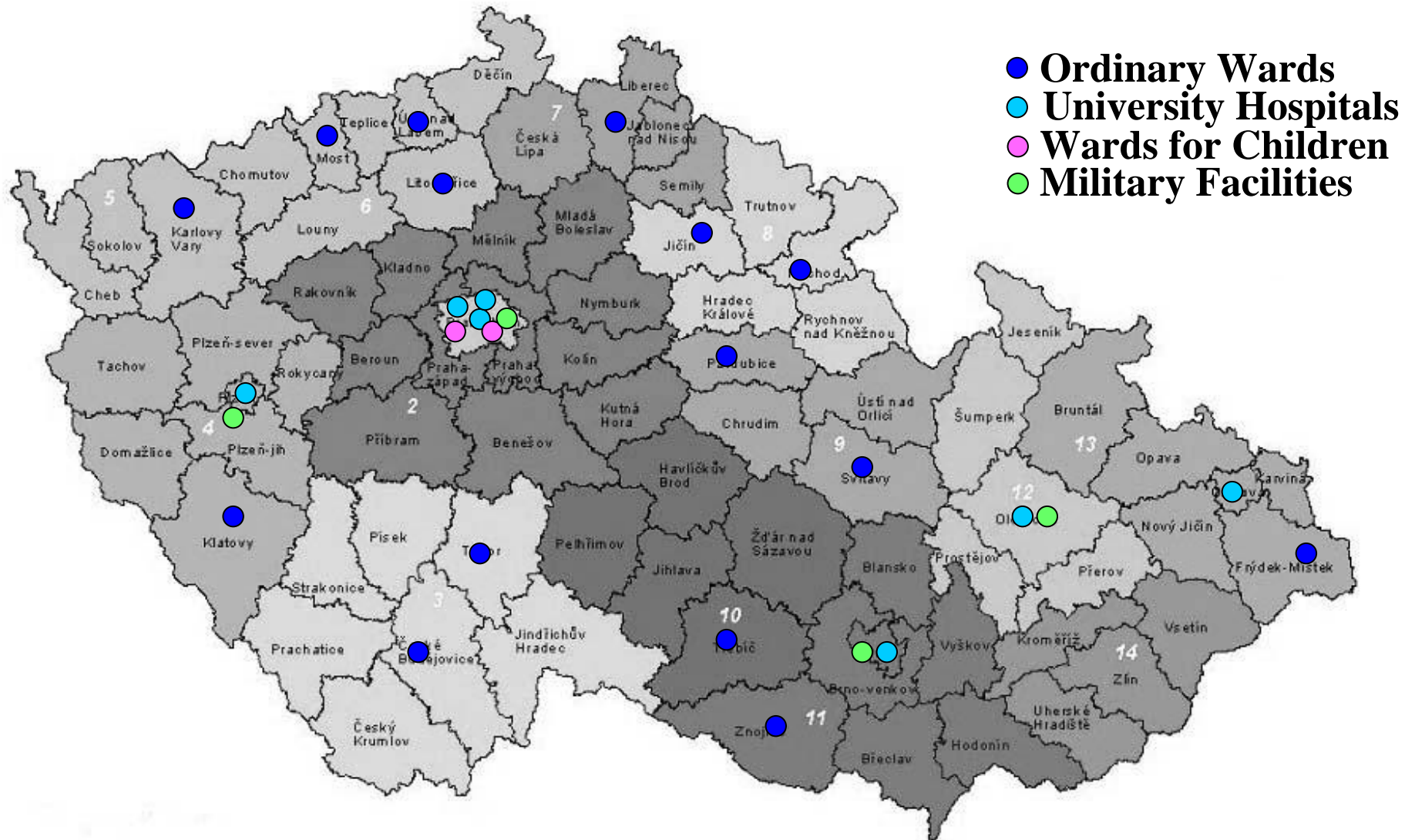
In-patient Care

	Psychiatric Hospitals	Psychiatric Wards in General Hospitals
Founded	1890	1920-1980
Number	21	26
Beds - total	10.075	1.400
Beds in one facility	850 (500-1.300)	52 (30-120)
Catchment area	1.000.000	100.000

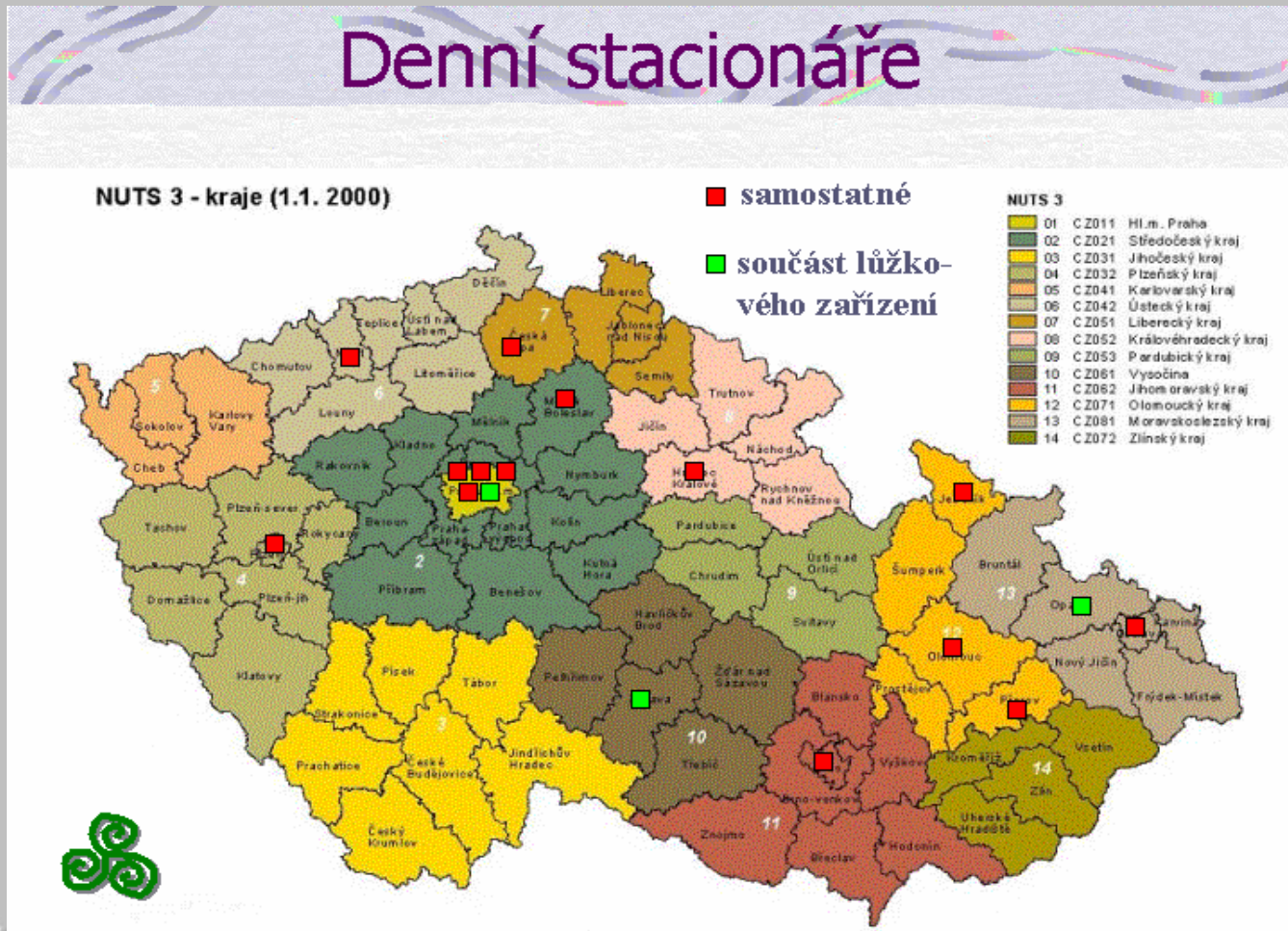
21 Psychiatric Hospitals



26 Psychiatric Wards in General Hospitals



24 Day Treatment Programs



24 DTP part of health care system, half of them based in mental health care hospitals

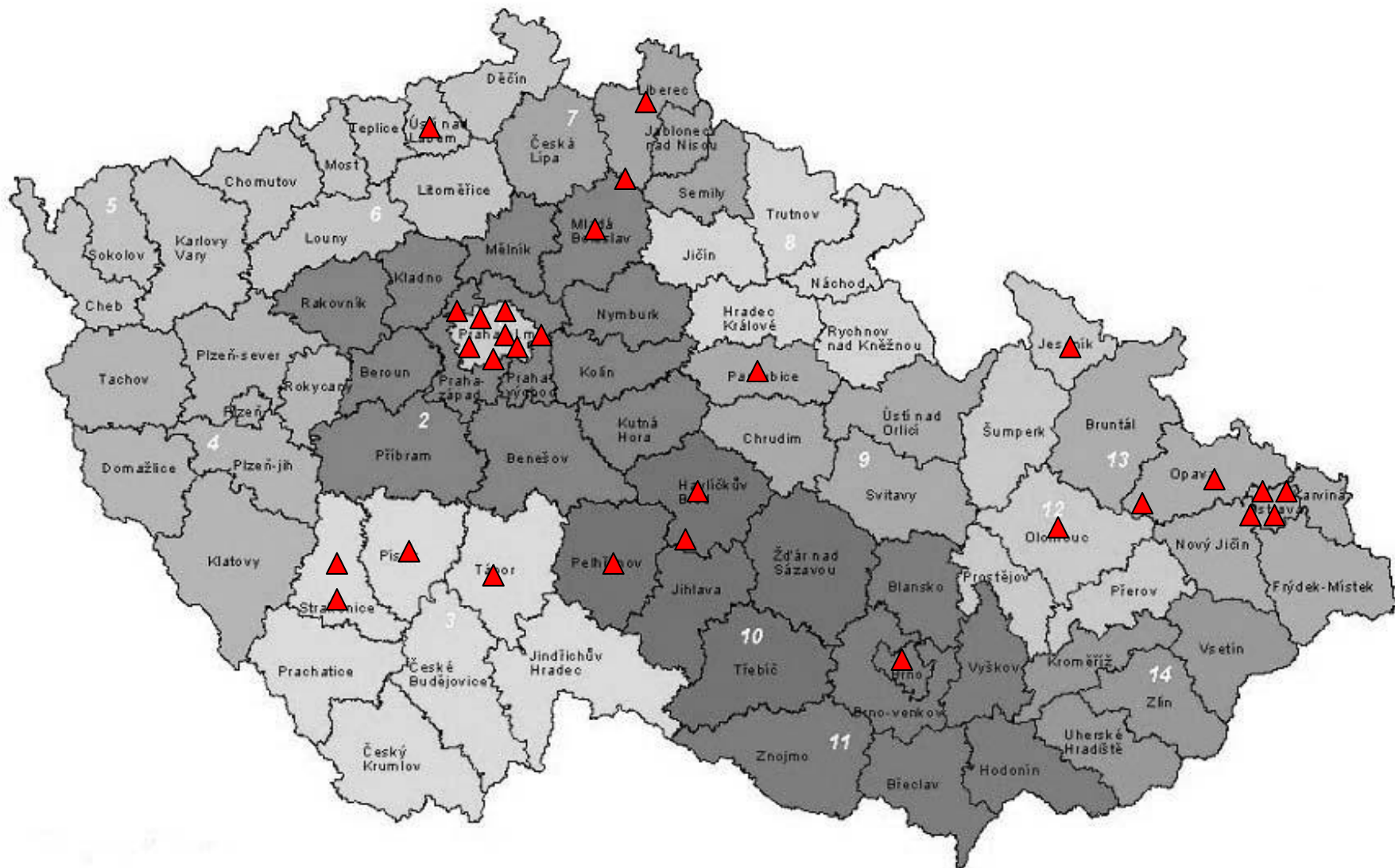
Mental Health Staff

	1989	2003
• Psychiatric hospitals		
M.D.	373	487
Other staff	3055	3350
• Psychiatric wards in general hospitals		
M.D.	115	146
Other staffs	481	541
• Outpatient care		
M.D.	393	643
Other staff	602	385
• Community Care		
	0	164

Capacity of Community Mental Health Services

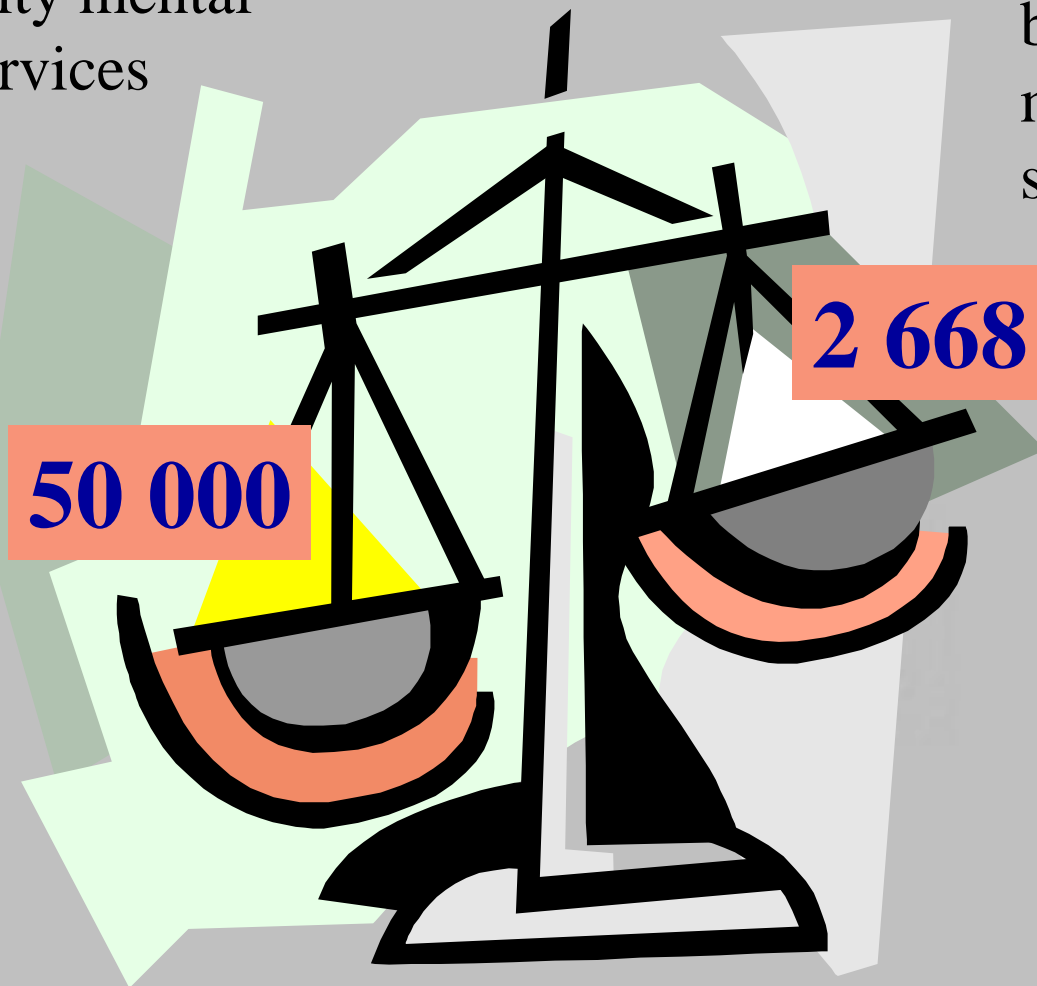
- Statistics made by the Czech Association of Community services (2003)
 - 18 organizations
 - 164,2 staff
 - 2 668 clients

18 Community Mental Health Services



People in need of
community mental
health services

People provided
by community
mental health
services



Community Mental Health Services

- Crisis intervention centers and teams
- Case management teams
- Day treatment programmes
- Day activity centers
- Work and employment support programmes
 - Rehabilitation and sheltered workshop
 - Social firms and social co-operatives
 - Transitory employment
 - Supported employment
- Support in housing
- Home care and home treatment

Support in housing

(number of users ??, services provided by
NGO's, Charitas, Diakonie)

- Sheltered living programmes (24 hours assistance)
- Halfway houses
- Sheltered flats
- Supported living programmes (social flats, own apartments, dormitories, nursing houses)

Health Care System

- Compulsory health insurance
- Independent insurance companies
- Types of payment
 - By acts (out-patient specialists)
 - Budget contracts (hospitals)
 - Capitation (GPs)
- Health care expenses: 8% of GDP

History of Fokus Mladá Boleslav „despite of“

- 1992 Founding of FOKUS Mladá Boleslav as non-governmental health service
- 1995 Regional project (MATRA I)
 - Creating a network of regional community services incl. the local authority in the district Mladá Boleslav
- 2004 Finacing by regional authorities
- 2005 Phare programme
 - coordination of care with psychiatric hospital, ACT

Financing of care

Region Mladá Boleslav (100.000 inhabitants)

- Providers
 - Psychiatric hospital -budget contracts
 - Outpatient care - by acts
 - Residential social care institution, pensioners' houses regional and central financing
 - **NGO's** – based on project proposals
- Resources of financing of NGO FOKUS
 - Central state resources (ministries - MPSV, MZ, MPK)
 - Regional funds (regional government)
 - Job agencies
 - Others (EU grants, payments from clients, own incomes)

Services provided by FOKUS Mladá

Boleslav:

- **Number of service users: 2004: 429**
- **Number of staff: 2004: 25**
- **Chairman of a board of NGO (voted)**
- **Executive director of NGO**
- **Project manager**

Disabled people

Long-term mentally ill people



Fokus Mladá Boleslav

Out-patient Care

In-patient Care

No recommendation

Co-ordinators of long-term care

Case management team

Vocational Diagnostic Prg.

Assesment of Handicap
Short-term rehabilitation

Sheltered Workshops

Bookbindery & Sewing
Gardening
Hostel

Supported Jobs

Vocational rhb.

Supported Employment Agency

Training Jobs

Supported Jobs
Requalification

Jobs in Community

Supported Employment

Vocational Programmes

Social consulting

Outreach
Home care
Case management
Support in community
Assesment
Rehabilitation plan
Soc. consulting service

Half-way House

Supported Housing

Housing Programmes

Day Activity Center

Drop-in Programme
Day Structure Programmes
Social Skills Training
Leisure Time Programmes

Social Skills Training

Social Skills Training
Leisure Time Programmes

Rhb. stays

Leisure Time Programmes
Social Skills Training

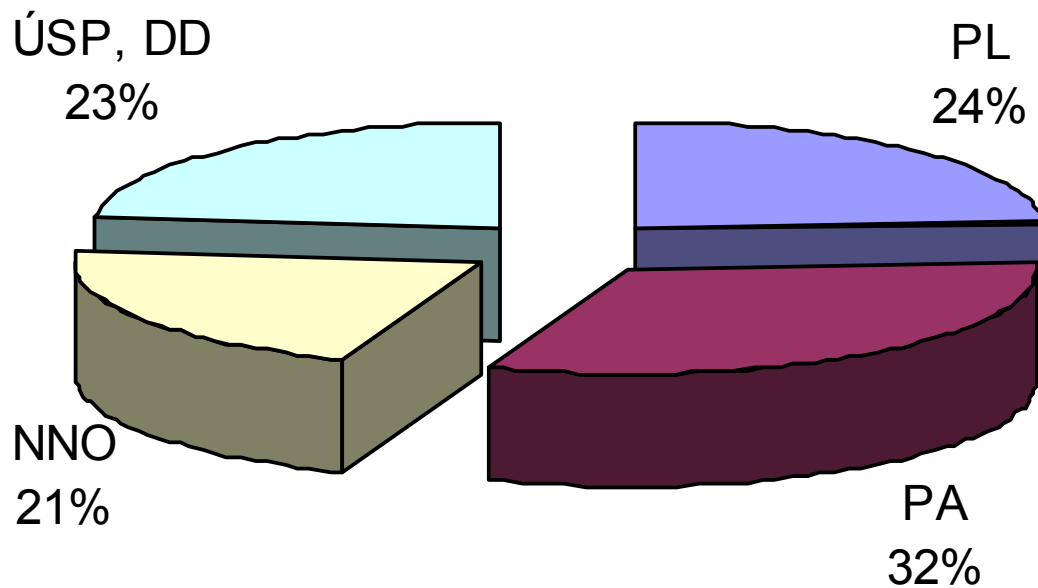
Sport and
Leisure Activities

Leisure Time Programmes
Social Skills Training

Other Rehabilitation Programmes

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Financing - receivers



Educational/training systems

- **Pre-gradual education**

Medical schools:psychiatry 60 –200 hours

Nursing :Secondary schools : psychiatry 6 months once per week, no practise

Bachelor degree, Master study

Social workers:Extension Specialization Study,Bachelor degree, Master study, Doctoral Study

Psychology:Master and Doctoral Study

- **Post-gradual training:**

Obligatory provided by state

Different types of certificates

- National Centre of Attendance and Non-medical Health Care Fields (nursing and others)
- Postgraduate Medical Institute (psychiatry, psychology)

Educational/training systems

- **Continual education**

Obligatory for psychiatrists, psychologists, nurses, not for social workers

- National Centre of Attendance and Non-medical Health Care Fields (nursing and others)

- Postgraduate Medical Institute (psychiatry, psychology)

- Approved trainings

Licensed trainings in various kinds of psychotherapies ,methods of assessment

Trainings and courses (also in psychiatric rehabilitation, crises intervention, case management,management of NGOŚ)

(could be approved by Chambers or professional organizations,Ministry of Education as re-qualification course)

- MATRA III project (8 modules-community mental health care)

Required professionals in community – based facilities

No specific requirements

Head of half- way house

Asistent of half-way house

Selection procedure

Example of FOKUS „Operative manuals for different types of services

- 1.CV selection by team (members of team:head of rehabilitation, head of team, 2 users, 2 co-workers)
2. Selected persons are asked by members of team (motivation, practise,problems, personal situation)
- 3.Evaluation of qualification,motivation, communication,role playing
4. Could be offered a short term work trial - placement

Educational/updating requirement

Operative manuals for different types of services

Head of halfway house:

Required education :University degree, courses in management of NGO, project management, crises intervention, re-qualification course in re-socialization of health disabled persons

Assistant of half-way house

Required education: pref.social worker degree

Obligatory for all:

crises intervention,first aid, re-qualification course in re-socialization of health disabled persons

Recommended:

Basic course of psychiatric rehabilitation and planning

Strategies

Mental Health Care Policy

- Health Law
 - Health Law adopted 1963
 - Health Insurance Law 1992
 - No „Mental Health Law“
- Mental Health Care Concept
 - 1995 – beginning
 - 1998 – adopted by Czech Medical Chamber
 - 2000 – rejected by Ministry of Health
 - 2002 – new concept ordered by Ministry, Standards of Quality of Social Services
 - ??????????

Mental Health Care Concept

Main Principles

- Community oriented services are priority
- Re-allocation of financial resources from in-patient facilities to community services
 - Plan of in-patient care transformation

Implementation of Mental Health Care Policy

- Obstacles
 - Lack of financial resources
 - Health care x Social care
 - Political situation
- Expectations
 - EU (Minimal Standards of Care)
 - Human Rights

Good practise

FOKUS Mladá Boleslav:

- Ministry of Social Affairs: Standards of quality of social services
- Operative manuals for different types of services
- Internal requirements for education and training
- Individual and team supervision
- Involvement of users in management, planning , quality assessment (80 % members of NGO are users)
- Evaluation of services (evidence based services)

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