

MAP OF THE CMHW FUNCTIONS



KNOWLEDGE, ATTITUDES AND SKILLS

F1

Participation in the Service User Assessment Process

- ***F1-1)* Be able to understand tools for planning service provision and conducting research**
- ***F1-2)* Demonstrate effective communication and observational skills as part of the assessment process**
- ***F1-3)* Formulate the assessment in a clear manner**
- ***F1-4)* Be able to assess needs and resources.**
- ***F1-5)* Be aware of, and identify, symptoms and behaviours of an individual experiencing MH problems.**

F1

Participation in the Service User Assessment Process



- ***F1-6)* Be able to identify the signs of a crisis/relapse.**
- ***F1-7)* Be able to communicate with service users to identify side effects of their medication and the impact this has on their lives.**
- ***F1-8)* Be able to assess service users abilities to carry out everyday activities independently.**
- ***F1-9)* Be able to assess quality of life using basic assessment tools.**
- ***F1-10)* Be able to assess service users motivation and ability to live independently in the community according to 5 indicators:**

F.2 Management of risk



- ***F2-1)* Deal with any behaviour that puts service users or workers at risk**
- ***F2.2)* Dealing with Challenging Behaviour**

F3

Building working alliances with service users and families or caregivers



- ***F3-1)* Value service users and their families and caregivers as experts in their own situations**
- ***F3-2)* Uphold and promote the legal and civil rights of service users and family members and caregivers.**
- ***F3-3)* Respond adequately to feelings and emotions**
- ***F3-4)* Communicate with service users, family members and caregivers and maintain a relationship with them.**

F4

Promoting self-management



- ***F4-1)* Take an active role in building partnerships between service users and service providers**
- ***F4-2)* Demonstrate confidence and support the service user WITH management of emotions**
- ***F4-3)* Encourage service users independence by providing support with daily living skills**
- ***F4-4)* Motivate service users to be active participants in their own therapeutic process and support the service user to identify and work towards personal goals**
- ***F4-5)* Encourage service users to express their opinions and views about the service they receive**
- ***F4-6)* Promote and facilitate self-help and mutual support for service users and family members and carers**

F5

Supporting social and community integration



- ***F5-1)* Willing to work from an interagency, partnership approach to help achieve service users goals and wishes**
- ***F5-2)* Encourage service users to access opportunities for purposeful activity, for example employment, education, vocational programs, leisure activities**
- ***F5-3)* Promote understanding of MH problems and coping strategies**

F6

Management of the Service



- ***F6-1)* Adhere to MISSION and procedures**
- ***F6-2)* Work as part of a team**
- ***F6-3)* Take an active part in meetings**
- ***F6-4)* Take an active role in the improvement of the quality of the project**
- ***F6-5)* Develop preventive approaches to stress and burnout**